

Agriculture Fact Sheet

Cattle 2024



- Three ounces of cooked lean beef contains 8.4 grams of fat; – only 39 percent of that is saturated.
- Beef is regularly eaten in more than 90 percent of all U.S. households.
- There are more than 60 different beef cuts percent to choose from in the U.S.
- Of all the beef eaten by Americans, about 40 percent is in the form of hamburgers.



- In 2024, Mississippi had 810,000 head of cattle on 13,631 farms.
- The production value of cattle in 2024 was \$482 million.
- Covington County, Pearl River County, Walthall County, Jones County, Lincoln County, Tate County have the highest inventory of cattle in the state.
- Today, Mississippi cattlemen are producing leaner beef than they did just a few years ago. The average thickness of fat around the edge of steaks and roasts is less than 1/8 inch, with over 40 percent of retail cuts having no external fat at all.
- Three ounces of lean beef contains 183 calories and 73 milligrams of cholesterol.



- Gelatin - the product derived from the bones, horns and skin - is used in the making of marshmallows, ice cream, canned meats and gelatin desserts.
- Insulin is perhaps the best-known pharmaceutical derived from cattle. It is used to treat diabetes mellitus, which afflicts more than 13 million Americans.
- The meat industry is the most regulated industry in the nation, except for the nuclear energy industry.



Source: Mississippi State University & USDA-NASS



**MISSISSIPPI DEPARTMENT OF
AGRICULTURE
& COMMERCE**

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